

ASSUMPTION OF THE RISK AND WAIVER OF LIABILITY RELATING TO
COVID-19/CORONAVIRUS

The novel coronavirus - COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state and local governments and federal and state agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

Salinas Bobby Sox Softball has put in place preventative measures to reduce the spread of COVID-19; however, Salinas Bobby Sox Softball CANNOT GUARANTEE that you, as Adult Staff/Volunteer will not become infected with COVID-19. Further, attending activities at the Salinas Bobby Sox Softball fields could increase your risk and your risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by attending activities at the Salinas Bobby Sox Softball fields and such exposure or infection may result in personal injury, illness, permanent disability and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the Salinas Bobby Sox Softball fields may result from the actions, omissions, or negligence of myself and others, including but not limited to, Salinas Bobby Sox Softball Board/volunteers, and other program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any such injury to myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense of any kind that I may experience or incur in connection with our attendance and participation in activities at the Salinas Bobby Sox Softball fields.

On behalf of myself, I hereby release, covenant not to sue, discharge and hold harmless Salinas Bobby Sox Softball, it's employees/volunteers, agents and representatives, of and from Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of Salinas Bobby Sox Softball, it's employees/volunteers, agents and representatives, whether a COVID-19 infection occurs before, during, or after participation in the League.

Print Adult
Name: _____ Division: _____

Signature of
Adult: _____ Date: _____

SALINAS BOBBY SOX SOFTBALL SAFETY & PRE-SEASON RE-OPENING POLICIES

FOLLOWING ALL CDC, CDPH AND MONTEREY COUNTY AND CITY RECOMMENDATIONS

1. RE-OPENING IS DEPENDENT ON MONTEREY COUNTY GUIDELINES AND AUTHORIZATION. STATUS OF RETURN-TO-COMPETITION IS SUBJECT TO CHANGE AT ANY TIME GIVEN THE LEVEL OF COVID-19 TRANSMISSIONS IN CALIFORNIA.
2. LIMIT PARTICIPATION BY ATHLETES AND COACHES DURING PRACTICE AND COMPETITION TO ONE TEAM, AND REFRAIN FROM PARTICIPATING WITH MORE THAN ONE TEAM OVER THE SAME SEASON OR TIME PERIOD. FOR LARGER TEAMS, LIMIT MIXING BY ESTABLISHING STABLE, SMALLER TRAINING GROUPS FOR DRILLS AND CONDITIONING.
3. NO PLAYERS, ADULTS OR VOLUNTEERS SHOULD ENTER THE SOFTBALL FIELD GROUNDS IF THEY FEEL SICK OR HAVE A COUGH OR FEVER.
4. A HEALTH ASSESSMENT (SURVEY) TO DETERMINE WHETHER PLAYER SHOULD ATTEND WORKOUT/PRACTICE MUST BE TAKEN PRIOR TO EACH WORKOUT/PRACTICE.
5. RETURNING TO SPORTS AFTER INFECTION: NO ONE WITH SYMPTOMS OF COVID-19 OR WHO IS IN ISOLATION OR QUARANTINE FOR COVID-19 IS PERMITTED TO ATTEND PRACTICES OR GAMES. PLEASE SEE ATTACHED FLYER.
6. PPE/FACE COVERINGS ARE REQUIRED BY ANYONE ENTERING THE SOFTBALL FIELDS, WHILE ON SOFTBALL FIELD GROUNDS AND EXITING FIELDS AND IN PARKING LOT. FACE COVERINGS ARE TO BE WORN WHEN NOT PARTICIPATING IN THE ACTIVITY (E.G. IN THE DUGOUT OR ON THE SIDELINES). FACE COVERINGS TO BE WORN BY COACHES, SUPPORT STAFF AND OBSERVERS AT ALL TIMES, AND IN COMPLIANCE WITH THE CDPH GUIDANCE FOR THE USE OF FACE COVERINGS.
7. WHEN EQUIPMENT IS SHARED DURING AN ACTIVITY, PARTICIPANTS PERFORM HAND HYGIENE (WASH HANDS WITH SOAP AND WATER OR USE AN ALCOHOL BASED HAND SANITIZER) BEFORE PLAY, DURING BREAKS, BETWEEN INNINGS, AND AFTER THE CONCLUSION OF THE ACTIVITY. BALLS OR OTHER EQUIPMENT CAN BE TOUCHED BY MULTIPLE PLAYERS DURING PRACTICE AND PLAY IF THE ABOVE HAND HYGIENE PRACTICES ARE FOLLOWED.
8. REFRAIN FROM SHAKING HANDS OR ENGAGING IN PHYSICAL CONTACT
9. UTILIZE 6FT DISTANCING WHENEVER POSSIBLE.
10. NO CONGREGATING OTHER THAN COACHING/TEACHING WITH 6FT DISTANCING
11. RESTROOMS WILL BE CLEANED REGULARLY AND PLAYERS WAITING IN LINE MAINTAINING 6FT DISTANCING.
12. THERE WILL BE ACCESS TO SNACK BAR WITH ENTRANCE BETWEEN FIELDS 3 AND 4 AND EXIT BETWEEN FIELDS 4 AND 1 MAINTAINING 6 FT DISTANCING WHILE IN LINE.
13. NO SPECTATORS OR PARENTS ALLOWED IN STANDS OR ON OR AROUND FIELDS – PARENTS MAY WATCH FROM SPACED OUT AREAS ON THE TRACK OR WAIT FOR PLAYERS IN THEIR VEHICLES IN THE PARKING LOT.
14. WE ENCOURAGE THE USE OF SANITIZERS AND BACTERIAL WIPES AND WILL PROVIDE LOCATIONS FOR HAND SANITIZER USE.
15. PARENTS SHOULD MAKE SURE PLAYERS HAVE ALL GEAR, CLEATS, WATER, SWEATER, TISSUES AND/OR HAND SANITIZERS UPON ARRIVAL.

COVID-19: Quarantine vs. Isolation

QUARANTINE keeps someone who was in close contact with someone who has COVID-19 away from others.



If you had close contact with a person who has COVID-19



- The best way to protect yourself and others is to [stay home for 14 days](#) after your last contact. Check your [local health department's website](#) for information about options in your area to possibly shorten this quarantine period.



- Check your temperature twice a day and watch for symptoms of COVID-19.



- If possible, stay away from people who are at higher-risk for getting very sick from COVID-19.

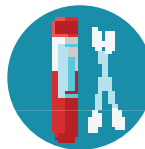
ISOLATION keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.



If you are sick and think or know you have COVID-19



- Stay home until after
 - At least 10 days since symptoms first appeared **and**
 - At least 24 hours with no fever without fever-reducing medication **and**
 - Symptoms have improved



If you tested positive for COVID-19 but do not have symptoms



- Stay home until after
 - 10 days have passed since your positive test



If you live with others, stay in a specific “sick room” or area and away from other people or animals, including pets. Use a separate bathroom, if available.

